

Before a stay in hospital, everything needs to be well thought out and organised. With the help of our checklist, you will get an overview of what belongs in your hospital bag in case of a hospital stay.

## Important documents

- identity card
- hospitalisation or referral form
- health insurance card
- vaccination card
- possibly documents from previous examinations (X-ray, CT, etc.)
- list of medicines with QR-Code
- if applicable, allergy, X-ray, cardiac, diabetic or anticoagulant passport (if taking special blood-thinning medication).
- if available, proof of supplementary insurance for treatment by a chief physician and single and/or double room, living will, power of attorney for medical care

## Clothes

- pyjamas
- dressing gown, bathrobe
- cosy clothes or house suit
- underwear
- stockings
- jacket and sturdy shoes

## Hygiene articles

- toothbrush, toothpaste, cup, denture cleaning agent
- washing articles
- towels, flannels
- brush and hairdryer

## Personal items

- glasses, glasses case
- hearing aid
- walking stick
- alarm clock

## What you should rather leave at home

- high sums of money
- other valuables (jewellery, etc.)
- house key

